

Packing List for a Summer Trip to Greenland

- with excursions

This packing list is for summer trips in Greenland and for you who are going on tours by ship or boat. It's also suitable for a trip with a lot of day hikes.

The right equipment can be required to get the best out of a stay in Greenland. The following list is our recommendation for a packing list you may use if you do not have personal experience with the area or the type of tour you have chosen.

About Clothing in General in Greenland

Clothing in Greenland is both practical and informal, so you do not have to pack the "fine garments" in your suitcase on a trip to Greenland. Instead, today's great choice of outdoor clothes will let you find something practical, smart, and comfortable.

On a trip to Greenland, the right attire is of great importance, as you can experience heat and cold on the same day, for example, if you hike in a valley, followed by sailing among icebergs.

Most people who travel to Greenland like northern and adventurous destinations, so many people already have the right clothing, but it is still important that you get the right clothing packed in your suitcase. As a starting point, it is always important to make sure that the following are in place:

- Good footwear
- Convenient clothing for different weather conditions
- Wind and waterproof outerwear
- Hat and gloves for cool evenings (they should always be packed for a trip to Greenland)
- Thin woolen undergarments are always good to have in the suitcase.

It is an advantage to use loud, eye-catching colors in the mountains, but it is also nice to look "ordinary" when traveling in the towns. Therefore, we recommend using what you have as a starting point.

Daypack

It is always a good idea to bring a smaller day backpack on a trip to Greenland. A daypack is a smaller backpack with a size of 20-30L. It can be used for sailing trips, shorter walks, and just as a handy bag if you suddenly need one. If you have to go hiking on your trip, we recommend a backpack of approximately 30 liters with a hip belt and chest strap. However, you do not need a hip belt and chest strap if you primarily spend time in the towns.

Suitcase or Backpack

On most of our trips, you will not have to carry your luggage very far. You will have to handle your suitcase by yourself at airports and hotels, but in connection with transfers, it is taken from place to place by hotel staff or others. Therefore, you have the choice of bringing a suitcase or a backpack. If you stay in smaller settlements, be prepared for your luggage to be transported on a truck, tractor,

or a similar vehicle. Therefore, you should expect the luggage to get dusty, and the potholes in the dirt roads can be rough on a brand-new suitcase.

The Layer Principle

When you choose clothing, you should pay attention to the principle of layers. This allows for quick and easy regulation of the temperature by taking an extra layer off or on, thereby creating an optimal climate under the clothes. As you move, the body develops heat that it needs to get rid of - and vice versa; when you stand still, you can get cold if you are not protected from wind and weather.

The inner layer

The purpose of the inner layer is to keep the body dry. It is important to have a layer of sweat transporting materials close to the body. Especially on a longer day hike, it is good not having a heavy cotton sweater close to the body. If you have a small backpack on, you can get very wet on your back – and, through this, cold when standing or sitting still.

The intermediate layer

The middle layers can consist of a shirt, T-shirt, fleece, and/or a vest. One of these intermediate layers could be windproof or should at least protect against the wind.

The outer layer

The outer layer must protect the body from rain and wind while allowing moisture from the body to escape. The outer layer need not be thick - on the contrary, it is an advantage if it is just wind and waterproof.

Packing list

Money, tickets, ID with photo

Clothing

Windbreaker

Sweater (both wool or fleece and a light one)

Shirt/Blouse

Pants

Underwear and long underwear

Soccer (thin)

Socks (warm)

Hat/Cap

Mittens

Scarf or buff

Rainwear

Raincoat (if your windbreaker is not waterproof)

Rain pants

Spare clothes

Shirt/Blouse

Underwear

Socks

Footwear with a strong profile sole

Boots (worn-in)

Light footwear/sneakers

Day Backpack**Toiletries**

Soap (shampoo)

Toothbrush/toothpaste

High factor sunscreen

Lip balm

Mosquito repellent

Earplugs

Personal items

Medicine for your own use

Contact lenses/Glasses

Other items

Mosquito nets (fine mesh for the face)

Sunglasses (very important)

Water flask (very important)

Coffee cup

At your pleasure

Notebook and pencil/pen

Fishing tackle

Camera

Binoculars

Literature

Guidebooks

Headphones for the transatlantic flight